

Practice Alert Quick Reference Guide

Transitions of care

The movement of people between places or services providing care, such as disability support services and hospitals.

## How to prepare for a safe transition

Safe transition requires early, clear and ongoing communication with the participant, health care staff and support networks, to ensure critical medical information is not lost during transition.

## How to support participants

There are several ways NDIS support workers can assist participants during transitions of care:

* be prepared to go to hospital, both for planned and emergency visits
* keep participant’s health and medication information accurate and up-to-date
* bring essential items for hospital admission.

## What to do in an emergency

Support the participant by having someone familiar stay with them during the admission, and as needed while in hospital. For planned hospital visits, communicate with hospital staff beforehand.

## How to prepare for discharge and ongoing care

* plan for the participant’s discharge in consultation with health professionals as early as possible
* ensure any new support needs are understood and in the plan before discharge.

### Checklist

* Transfer of care summary
* Care plan including follow-up appointments
* Summary of medications

## Find out more

For full details on this practice alert and the obligations for NDIS support workers, and access to other training and resources, please visit [ndiscommission.gov.au/workerresources](https://www.ndiscommission.gov.au/workerresources)